


Catalyzing Feedback

Leadership Coaching Group



June 5- September 18, 2024
7 Friday morning sessions
+ Two (2) 1:1 sessions

- 7 Weeks of Intensive Group Coaching Sessions + 2 individual coaching sessions over ~3 months
- Dynamic Format: 30 Minutes of Targeted Training + 60 Minutes of Interactive Group Coaching
- Comprehensive 360-Degree Assessment Process at Program's Start and Conclusion, Facilitated by Robyn Caruso for up to 10 members of your team (up, down, across)
- Personalized 1:1 360-Degree Assessment Debrief Sessions with Robyn After Each Feedback Cycle
- Leverage Feedback to Optimize Operational Efficiency and Team Dynamics
- Opportunity to Address Your Unique Challenges Through Real-Time Coaching

Investment



If paid by April 22

\$1000* by Zelle

\$1050* by credit card

After April 22

\$1250* by Zelle

\$1300* by credit card

*Reduced Founder's Rates, exclusively available for this coaching program cycle.

Targeted Training Topics

- Leadership Self-Assessment
- Integrating Feedback, Goal Setting, and Planning
- Strategic Planning and Culture Development
- Leadership Style, Coaching & Motivating Employees
- Designing an Alliance Framework
- The Art of Execution
- Feedback Integration and Next Steps (60 minutes)

Robyn Caruso brings a wealth of experience as a Licensed Marriage and Family Therapist and a seasoned leader in the mental health and eating disorder treatment fields. Her multifaceted career spans over fifteen years, during which she has held key roles in clinical settings, program administration, and executive leadership at prominent treatment facilities. Robyn adeptly combines her clinical acumen with strategic management principles. Currently, she is pursuing certification in Executive Coaching and is offering this course at *reduced pricing for its initial launch this summer (Founders Rates).



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Founders' Cycle Program Schedule

- June 7** Leadership Self-Assessment
Identify Team Members to Complete 360-Degree Assessment
- June 10-21** Team Members complete 360-Degree Assessment
- June 28** Leadership Style, Coaching & Motivating Employees
- June 24-July 12** 1:1 coaching session to review 360-Degree Assessment
- July 19** Group session on integrating feedback, goal setting, and planning.
- July 26** Group session on strategic planning and culture development.
- August 2** Designing an Alliance Framework
- August 5** Team Members Receive Follow Up 360-Degree Assessment
- August 9** The Art of Execution
- August 12-23** 1:1 coaching session to review 360-Degree Assessment
- August 24-** During this time, participants will integrate learnings from the 360-Degree
- September 25** Assessment and Debrief sessions the group coaching sessions, group training, readings and group coaching sessions prior to our final meeting.
- September 27** Final session on feedback integration and planning next steps (60 min.)

**Friday Training
+Group Coaching
Sessions are 9:00-
10:30 am PT/11:00-
12:30 CT/12:00-1:30
ET**

**1:1 360-Degree
Assessment Debrief
sessions will be 45
minutes, scheduled
individually with
participants**



Program Description

This program is designed for leaders within any healthcare setting who have at least one direct report. It is an ideal opportunity for those looking to deepen their leadership skills, enhance team dynamics, and drive organizational success through giving and receiving effective feedback and implementing strategic action. My approach includes a comprehensive 360-Degree Assessment process at both the program's start and conclusion. I will send an anonymous questionnaire to up to 10 of your colleagues—including direct reports, peers, and supervisors—to gather a holistic view of your leadership impact. Following each feedback collection phase, we will have a detailed debrief session to discuss the insights gathered, allowing for targeted personal development.

During the weeks when group sessions are not scheduled, participants will receive carefully selected resources to help integrate the program's learnings into their daily leadership practice. These off-weeks are structured to ensure continuous growth and application of new strategies, ensuring that participants can immediately begin to see the impact of their development efforts. Whether you are refining your leadership style, enhancing your ability to motivate and coach employees, or looking to more effectively execute strategic plans, this program offers the tools and insights necessary for transformative leadership growth. The program's structure includes group sessions focused on leadership self-assessment, coaching and motivating employees, strategic planning, and executing effectively, and culminates in a final session dedicated to integrating feedback and setting future goals.